

Jennifer Sample Resume, RN

5000 Archway, St. Louis, Park MN 55000 • jennifer@hotmail.com • 651-200-0009

REGISTERED NURSE

Highly experienced and compassionate RN dedicated to promoting physical and mental health wellness in the field of nursing. Demonstrated competency in patient care, documentation, effective communication and collaboration with other health care professionals. Skilled in patient assessment, training and mentoring other nursing professionals and administration of appropriate interventions. Accomplished in promoting and providing outstanding patient care and medical services.

SKILLS SUMMARY

- Assessment of Health Needs
- Monitor Health Goals /Outcomes
- Observe for Adverse Effects
- Treatment Plans / Patient Care
- Patient / Family Education
- Sterile Dressing Changes / Wound Care
- Operate / Monitor Medical Equipment
- Catheterization / Suctioning / Injections
- Medication Administration
- Therapeutic Communication /Teamwork

PROFESSIONAL EXPERIENCE

RN, Medicine and Surgical Unit, Psychiatric and Float Pool Nurse **2002 to Present**
Name of Hospital, St Paul, Minnesota

- Provide care for clients with various forms of mental illness, ensures maintenance of therapeutic milieu and communication.
- Offers health education to patients and families and collaborates with other departments such as social services, recreational and group therapists.
- Intervenes in crises for out of control patients according to established treatment plans.
- Maintains safety for suicidal and homicidal patients and care of chemical dependent clients such as monitoring withdrawal symptoms.
- Care for patients with diabetes, renal failure, COPD, CHF, cardiac disease, hypertension, gastric bypass and other gastric problems; in addition to patients with emphysema, and post surgical patients.
- Performs discharge planning and discharge teaching to ensure effective continued care.
- Facilitates role as charge nurse by supporting other nurses in their job requirements to achieve their daily goals.
- Answers and clarifies doctor's orders, making sure that orders are followed through and carried out in a timely manner and resolves problems patients and families encounter.

RN Care Coordinator

Name of Company, Eagan, Minnesota

2005 to 2010

- Provided education and preventative health measures over the phone.

- Helped members with chronic diseases or conditions to set behavior change goals and empowered the members to improve their health status to live healthier lives.

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LPN to RN (effective 09/06/02)

2000 to 2003

Name of Company, Minneapolis, Minnesota

- Worked in geriatric, rehabilitation, and psychiatric units.
- Duties included taking care of elderly clients from admission to end of life; patients included psychiatric clients and patients with Alzheimer and Dementia.
- Fulfilled role as RN team leader, assisted LPN's and CNA's in providing quality care for the elderly.

LPN, Medical/ Surgical, Oncology Unit

2000

Name of Hospital, Robinnsdale, Minnesota

- Facilitated role as LPN team leader in a long-term care facility.
- Experience includes IV certification, performing admissions and preparing discharge care plans, physical and mental assessments, wound care, diabetic monitoring and insulin administration.
- Performed foley catheter insertion, nasogastric tube insertion, gastric tube feeding and monitoring.
- Collected laboratory specimen, oxy-meter monitoring, O2 administration and meal monitoring.

ADDITIONAL EXPERIENCE

LPN / Team Leader, Hillcrest Rehabilitation & Care Center, Boise, ID

LPN/ Rehabilitation / Medical/Surgical, Hardy Memorial Hospital, Washington DC

LPN / Supervisor, CUP Temporaries, Inc., Washington DC

LPN / Visiting Nurse, Kelly Assisted Living Rockville, MD

LPN / National Nurses Temporary Agency, Washington, DC

LPN /Optimum Care Inc. Potomac, MD

LICENSURES / EDUCATION

Minnesota Board of Nursing / Licensed Registered Nurse, License #

Bachelor of Science in Nursing, Bethel University, St Paul, Minnesota

RN Program, North Hennepin Community College, Brooklyn Park, Minnesota

Passed NLN Mobility Test 1, Boise State University, Boise Idaho

LPN, HMI Regency School of Practical Nursing, Washington, DC